

ANASTASIA KAESBACH

MEDIA CONTACT

For press inquiries, interviews, speaking engagements, publishing, rights, and other professional media requests:

Anastasia Kaesbach

Author · Founder of Prana Yami

anastasia@prana-yami.com

[Press & Media](#) · [Interviews & Podcasts](#) · [Speaking & Events](#) · [Publishing & Rights](#)

Official biographies, high-resolution author photographs, book covers, book information, and speaking topics are available through the Anastasia Kaesbach Press & Media resources.